FOR ADULTS WITH MODERATELY TO SEVERELY ACTIVE ULCERATIVE COLITIS

How TREMFYA® is given

Tremfya® (guselkumab)

TREMFYA® infusions are given intravenously (through IV) over a period of at least 1 hour

3 starter IV doses at weeks 0, 4, and 8

After your IV starter doses, subcutaneous doses are administered as injections under the skin (subcutaneous injection)*

*TREMFYA® is available for injection as a Pen, One-Press Injector, or Prefilled Syringe.

Preparing for your TREMFYA® infusion

Gather your medical history and a list of your current medications to bring with you to your infusion appointment.

Your doctor's office or infusion center will work with you to schedule your appointments.

For detailed information about the TREMFYA® infusion process and questions, please talk to your doctor or contact your Nurse Guide.*

Before you arrive

Check ahead of time!

Contact your doctor to confirm where and when you will be having your infusions.

Make a note of the infusion provider name, location, and phone number.

Pack up!

TREMFYA® is administered over a period of at least 1 hour.

Bring a book, laptop, tablet, or other digital device... or just a pillow to take a nap to pass the time.

Dress up!

Make comfort a priority: wear loose-fitting clothing, as the provider will need to have access to your arms, and consider dressing in layers.

During your IV infusion

A healthcare provider will administer your infusion and check how you are feeling during the process.

Your first 3 doses will be given through a vein in the arm over a period of at least 1 hour at weeks 0, 4, and 8.

When you arrive, your healthcare provider will check your vital signs and ask you questions about your overall health.

After your IV infusion

You will be monitored at the doctor's office or infusion center before you can go home, to make sure you do not have a reaction. Talk to your healthcare provider to see if you can continue your normal schedule after your infusion.

Questions about your infusion? Contact your TREMFYA withMe Nurse Guide†

†Nurse Guides do not provide medical advice. Please ask your doctor any questions you might have about your disease and treatment.

TREMFYA withMe offers support throughout your TREMFYA® treatment journey, including a dedicated Nurse Guide and cost and treatment support. Scan this QR code or visit Tremfya.com to learn more.

The support and resources provided by TREMFYA withMe are not intended to provide medical advice, replace a treatment plan you receive from your doctor or nurse, or serve as a reason for you to start or stay on treatment.

Data rates may apply

SELECTED IMPORTANT SAFETY INFORMATION

TREMFYA® is not for everyone; only your doctor can decide if it's right for you. Do not use if you are allergic to TREMFYA®. TREMFYA® is a prescription medicine that may cause serious side effects, including serious allergic reactions and infections. TREMFYA® affects your immune system. It may increase your risk of infections and lower your ability to fight them. Please read the Important Safety Information on the next page and the Medication Guide for TREMFYA® to learn more about these and other risks for TREMFYA®. Discuss any questions you have with your doctor.

WHAT IS TREMFYA® (guselkumab)?

TREMFYA® is a prescription medicine used to treat adults with moderate to severe plaque psoriasis who may benefit from taking injections or pills (systemic therapy) or phototherapy (treatment using ultraviolet or UV light).

TREMFYA® is a prescription medicine used to treat adults with active psoriatic arthritis.

TREMFYA® is a prescription medicine used to treat adults with moderately to severely active ulcerative colitis.

IMPORTANT SAFETY INFORMATION

What is the most important information I should know about TREMFYA®?

TREMFYA® is a prescription medicine that may cause serious side effects, including:

- **Serious Allergic Reactions.** Stop using TREMFYA® and get emergency medical help right away if you develop any of the following symptoms of a serious allergic reaction:
  - fainting, dizziness, feeling lightheaded (low blood pressure)
  - swelling of your face, eyelids, lips, mouth, tongue or throat
  - trouble breathing or throat tightness
  - chest tightness
  - skin rash, hives
  - itching
- **Infections.** TREMFYA® may lower the ability of your immune system to fight infections and may increase your risk of infections. Your healthcare provider should check you for infections and tuberculosis (TB) before starting treatment with TREMFYA® and may treat you for TB before you begin treatment with TREMFYA® if you have a history of TB or have active TB. Your healthcare provider should watch you closely for signs and symptoms of TB during and after treatment with TREMFYA®.

  Tell your healthcare provider right away if you have an infection or have symptoms of an infection, including:
  - fever, sweats, or chills
  - muscle aches
  - weight loss
  - cough
  - warm, red, or painful skin or sores on your body different from your psoriasis
  - diarrhea or stomach pain
  - shortness of breath
  - blood in your phlegm (mucus)
  - burning when you urinate or urinating more often than normal

Do not take TREMFYA® if you have had a serious allergic reaction to guselkumab or any of the ingredients in TREMFYA®.

Before using TREMFYA®, tell your healthcare provider about all of your medical conditions, including if you:

- have any of the conditions or symptoms listed in the section **"What is the most important information I should know about TREMFYA®?"**
- have an infection that does not go away or that keeps coming back.
- have TB or have been in close contact with someone with TB.
- have recently received or are scheduled to receive an immunization (vaccine). You should avoid receiving live vaccines during treatment with TREMFYA®.

- are pregnant or plan to become pregnant. It is not known if TREMFYA® can harm your unborn baby. **Pregnancy Registry:** If you become pregnant during treatment with TREMFYA®, talk to your healthcare provider about registering in the pregnancy exposure registry for TREMFYA®. You can enroll by visiting www.mothertobaby.org/ongoing-study/tremfya-guselkumab, by calling 1-877-311-8972, or emailing *MotherToBaby@health.ucsd.edu*. The purpose of this registry is to collect information about the safety of TREMFYA® during pregnancy.
- are breastfeeding or plan to breastfeed. It is not known if TREMFYA® passes into your breast milk.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

What are the possible side effects of TREMFYA®?

TREMFYA® may cause serious side effects. See "What is the most important information I should know about TREMFYA®?"

The most common side effects of TREMFYA® include: respiratory tract infections, headache, injection site reactions, joint pain (arthralgia), diarrhea, stomach flu (gastroenteritis), fungal skin infections, herpes simplex infections, and bronchitis.

These are not all the possible side effects of TREMFYA®. Call your doctor for medical advice about side effects.

Use TREMFYA® exactly as your healthcare provider tells you to use it.

Please read the full Prescribing Information, including Medication Guide, for TREMFYA® and discuss any questions that you have with your doctor.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Dosage Forms and Strengths: TREMFYA® is available in a 100 mg/mL prefilled syringe and One-Press patient-controlled injector for subcutaneous injection, a 200 mg/2 mL prefilled syringe and prefilled pen (TREMFYA® PEN) for subcutaneous injection, and a 200 mg/20 mL (10 mg/mL) single dose vial for intravenous infusion.

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